

## **SYNERGIE PRACTITIONER PEELS**

### **Enzyme Hydropeel**

The synergie enzyme hydropeel is an effective introduction to creating a brighter and more even textured skin. This peel which contains papain enzyme (derived from papaya) and 15% lactic acid, can be used as a first time peel, enzyme hydropeel is ideal for sensitive skins or high Fitzpatricks. It can also create a more even texture to the skin prior to make-up application.

### **Lactic Acid**

Synergie Minerals Lactic acid peel series is an effective yet gentle alternative to the traditional glycolic acid peels. The high level lactic acid peel is exclusively available to medically affiliated practices and protocol guidelines detailed below must be adhered to.

- Lactic acid is both a highly effective chemical exfoliant and hydrating agent.
- Lactic acid is the only AHA that is naturally occurring in human skin. Hence, there are receptor sites specifically designed to recognize and utilize this form of AHA effectively. Lactic acid is naturally metabolized by our cells due to the fact that it is one of the least irritating AHA's and hence more suitable for hyper-reactive skin types.

### **Salicylic Acid**

Salicylic acid peels are very effective for dull and lifeless skin in need of exfoliation. The peel can improve acne and congested skin by getting deep into the pores and clearing out congestion.

### **Action of Lactic Acid, Salicylic Acid and Enzyme Peels**

- Decongests epidermis by dissolving keratin cementing dead skin cells together.
- Stimulates production of new skin cells at the basal layer (thereby increasing the rate of the cell turnover).
- Increases the natural moisture factor of the skin resulting in increased hydration and firmer texture.
- Reduces inflammation associated with irritated or congested skin.

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### Jessner Power Peel

Synergie Jessner peel contains added Kojic Acid, a powerful tyrosinase inhibitor to address hyperpigmentation and sun damage. This peel is an excellent choice for persons with:

- Sun damaged and ageing skin
- Cystic acne
- Oily acneic skin types
- Combination skin types prone to breakouts

Synergie jessner peels are typically layered until frosting appears. The peel may sting significantly while it is on the skin. This is a normal response. Once self neutralized, the client may experience redness or a tan discolouration to the skin for several days during the shedding phase.

Flaking/peeling may occur for 3-4 days and is typically finished within 5-7 days. This peel can be applied at 4-6 week intervals. Six peels are recommended in a series.

### Contraindications

- Do not have a peel if you are pregnant
- Do not have a peel if you have been on Oratane/Roaccutane in the last six months
- Do not have a Jessner or Salicylic peel if you are allergic to aspirin
- Do not have a peel if you are sunburnt
- Do not have a peel if you have a cold sore

### Costs

Enzyme Peel:	\$ 70
Lactic + Salicylic:	\$ 100
Jessner:	\$ 150

*Discounts: Pay upfront for a series of 4 peels and receive a 20% discount*