Please take this information brochure to reception who will book a review appointment if necessary



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Review	<b>Appointm</b>	ent
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Date: \_\_\_\_\_

Time: \_\_\_\_\_



GENERAL
WOUND CARE
INFORMATION

25 Osborne Street

Wollongong NSW 2500

Ph: (02) 4226 3088

Fax: (02) 4227 1606

## INSTRUCTIONS FOR WOUND CARE



Bathe the wound with a cotton bud and warm salt water.

To make up salt water mix 1 level teaspoon of salt with a cup of water.

Remove any scab and dried blood.

Pat the area dry with a clean towel or tissue.

Apply a thin smear of Vaseline or prescribed ointment to the wound.

## **Dressings**

Apply a light dressing to the wound if necessary to prevent irritation from clothing.

Recommended dressings are Elastoplast Sensitive or Gauze and tape.

M:Handouts/InstructionsforwoundcareMay2015