

LIQUID NITROGEN CRYOTHERAPY (FREEZING)

You have just had your sun spots/warts treated with Liquid Nitrogen.

The treated areas usually continue to sting for 5 to 10 minutes. Within the next 3 to 12 hours a blister may form at the site of treatment and in some cases a blood blister may develop. If you have had treatment near your eyes you may develop some swelling and in severe cases you may not be able to open your eye. This should only last for 24 hours or so. Swelling may also occur on the face and or the backs of your hands if you have multiple lesions treated.

AFTERCARE OF TREATED AREAS

The areas that have been treated are to be cleaned with Methylated Spirits several times per day.

You may shower and wash but the blisters should be treated with the spirits.

A crust should form on the treated areas within 7 to 10 days. Spots on the lower legs and feet will take longer to heal.

If any of the areas treated become swollen and inflamed you may need to return to the surgery to be reviewed by our registered nurses.

POSSIBLE SIDE EFFECTS

Beside the pain caused by this treatment, Liquid Nitrogen therapy can cause a permanent decrease in the pigmentation of the skin at the treated site (white spots). Secondary infection is possible but rare. Scarring can develop but is rare except with deep treatment for some skin cancers rather than sun spots.